

# JESSICA M. EURE, LPC, BCN, MED, EDS

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### **EDUCATION**

**MEd, EdS, Mental Health Counseling -** University of Virginia, Charlottesville, VA **BA, Psychology -** Summa Cum Laude, Shepherd University, Shepherdstown, WV

May 2007 May 2002

#### LICENSURE & CERTIFICATION

**Licensed Professional Counselor (LPC) -** Virginia Board of Counseling **Board Certified in Neurofeedback (BCN) -** Biofeedback Certification International Alliance **National Certified Counselor (NCC) -** National Board of Certified Counselors

since 2009 since 2010 2007 - 2011

## RELEVANT EXPERIENCE

## Virginia Center for Neurofeedback, Attachment and Trauma, Charlottesville, VA

2004 to Present

Co-founder - Provide mental health counseling, EMDR and LENS and traditional neurofeedback assessments and training sessions in private practice setting. Acquisition and analysis of QEEG.

#### Old Dominion University (PVCC Satellite), Charlottesville, VA

2007 to 2012

Site Adjunct Instructor for Human Services Bachelor's internship program capstone course. Conduct weekly meetings with the student intern. Provide oversight of all student internship-related activities. Assign the student intern any assignments deemed appropriate to the learning process. Review all written assignments and evaluate the student's case presentation of a client.

## People Places, Inc., Staunton, VA

March 2008 to July 2009

Neurofeedback Clinician and Mental Health Counselor - provided EEG assessment, neurofeedback training and counseling to children with PTSD, RAD and other diagnoses in therapeutic foster care placements. Worked as part of the treatment team of therapists and foster parents for clients.

# Mental Health Counseling Internship, Charlottesville, VA

July 2006 to May 2007

Mental Health Counselor Intern - A 900-hour clinical internship completed through the University of Virginia at Focus Women's Resource Center in Charlottesville, the Personal and Career Development Center at UVa and the Virginia Center for Neurofeedback in Charlottesville.

#### Brook Lane Health Services, Hagerstown, MD

2002 to 2003

Mental Health Associate - Provided direct care in 40-bed inpatient psychiatric hospital to clients on child, adolescent and adult wings. Assisted nurses with daily routines. Observed, reported and recorded all changes in clients' mental health and behavior on daily basis. Organized and led patient education groups and presented school lessons on child and adolescent units.

#### ADDITIONAL TRAINING & SUPERVISION

The Physical Brain and Mental Health: Understanding Glia - R. Douglas Fields, PhD

Determining Successful Treatments for Neurological Disorders - Ron Swatzyna, PhD, LCSW

6.25 Hours CE for 1 day conference, Mid-Atlantic Biofeedback Society

May 2018

Neurofeedback for Lyme and PAN/PANDAS - Roseann Capanna-Hodge, EdD, LPC, BCN 1.5 Hours CE for live webinar, Biofeedback Certification International Alliance

June 2017

Strategies to Enhance Clinical and Educational Success - Dr. Erik Peper, PhD, BCB 12 Hours CE for 1.5 day conference, Mid-Atlantic Biofeedback Society

May 2017

The Science of Self-Regulation: Estabilished & Emerging Evidence (AAPB Scientific Meeting)
38 Hours CE for 3-day conference, Association for Applied Psychophysiology and Biofeedback

March 2017

QEEG Guided Assessment and Neurofeedback for ADD & ASD - Michael Linden, PhD, BCN March 2017 4 Hours CE for half-day pre-conference workshop, AAPB Scientific Meeting Optimizing Sleep; From Insomniacs to Elite Performers - Shona Halston, PhD March 2017 4 Hours CE for half-day pre-conference workshop, AAPB Scientific Meeting The Brain Warrior's Way - Daniel Amen, MD March 2017 4 Hours CE for half-day pre-conference workshop, AAPB Scientific Meeting 2016 Annual Conference for Western Association for Biofeedback & Neuroscience November 2016 20 Hours CE Credit for 2.5 day conference, Western Assoc. for Biofeedback & Neuroscience Executive Functions & Frontal Lobes - Elkhonon Goldberg, PhD, ABPP October 2016 3 Hours CE for 3 hour webinar, Luria Neuroscience Institute Interpersonal Biofeedback & Integrating Biofeedback into the Schools - Steven Kassel, MFT October 2016 6 Hours CE for one-day conference, Mid-Atlantic Biofeedback Society Raising QEEGs to a Medical Standard - Ron Swatzyna, PhD, BCB, BCN August 2016 1.5 Hours CE Credit for webinar, Biofeedback Certification International Alliance Trans Healthcare Symposium: Training for Mental Health & Medical Providers April 2016 3.5 Hours CE Credit for One-day Symposium by the Transgender Health Alliance of Central VA Developmental Trauma, Childhood Disorders, PTSD, Torture Victims and April 2016 21st Century Tools for Successful Intervention - Hanno Kirk, PhD, LCSW and Sebern Fisher, MA 12.5 Hours CE Credit for two-day conference, Mid-Atlantic Society for Biofeedback and Behavioral Medicine Skills for Working with Dissociation in EMDR - Kris SantaMaria, LCSW April 2016 2 Hours CE Credit for 2 hour presentation, Central Virginia EMDR Regional Meeting LENS Advanced Training - Len Ochs, PhD November 2015 18 Hours CE Credit, Ochs Labs, Inc., two-day course Practical and Scientific Ways to Understand and Change the Brain October 2015 Presented by Adrian Van Deusen & Paul Rapp, PhD 6.25 Hours CE Credit for one-day conference, Mid-Atlantic Society for Biofeedback and Behavioral Medicine Birth and the Primitive Brain: Survival of the Species in the Modern World **July 2015** 2 Hour presentation by Dr Sarita Bennett DO, CPM Calming the Fear-Driven Brain: Neurofeedback in Developmental Trauma - Sebern F. Fisher June 2015 1.5 Hours CE Credit, Biofeedback Certification International Alliance, webinar Reading the Raw EEG: Analysis & Interpretation - Jay Gunkelman May 2014 Half-day course, Brain Science International Biofeedback & Virtual Reality - Dr. Robert Reiner November 2014 1.5 Hours CE Credit webinar, Biofeedback Certification International Alliance Pathways to Self-Regulation: Demonstrations, Presentations and Case Studies October 2014 in Nutrition, Biofeedback and Neurofeedback - Dr. Dana Laake and others 5.75 Hours CE Credit for one-day conference, Mid-Atlantic Society for Biofeedback and Behavioral Medicine Physiology & Neuropsychology of Head Injury - Angelo Bolea, Mary Lee Esty & David Keyser April 2014 6.25 Hours CE Credit for one-day conference Mid-Atlantic Society for Biofeedback and Behavioral Medicine Beyond & Beneath the DSM V - Jay Gunkelman October 2013 6 Hours CE Credit for one-day conference, Mid-Atlantic Society for Biofeedback and Behavioral Medicine

Dissection Class - Human Cranium - Julie McKay Covert, CST-D, NCTMB, BFRP One-day hands-on brain dissection	May 2013
Professional QEEG Training 22 Hours of CE Credit, Brain Science International, Joel Lubar and Jay Gunkelman	May 2013
Pre- and Perinatal Psychology "Birthing Yourself" Process Workshop 5 Day Workshop offered by Myrna Martin, MN, RCC, RCST	February 2013
Clinical Supervision: Recovery Model 4 Hours of CE Credit by Essential Learning	July 2012
Disaster Mental Health Webinar 3.5 Hours of CE Credit, Valerie Cole by American Red Cross	July 2012
QEEG Interpretation of OCD/ODD, ADHD, and PTSD/TBI, Webinar Series #1 (A-C) 4.5 Hours of CE Credit, Jay Gunkelman by Brain Science International	July 2012
Fundamentals of Clinical Supervision 1 Hour of CE Credit by Essential Learning	June 2012
Clinical Supervision in Virginia 15 Hours of CE Credits, Dr. Gerard Lawson by the Virginia Counselors Association	June 2012
Food for Thought: How Nutrients Affect Mental Health & The Brain 6 Hours of CE Credit by Institute for Brain Potential	April 2012
Developmental Needs Meeting Strategy (Module 2 - Ego State Therapy Basics) Home Study Course offered by DNMS Institute, LLC	January 2012
Developing an Evidenced-Base Model for Concussed Military Personnel with PTSD: The Application of Psychophysiological Assessment & EEG/QEEG  1.5 Hours of CE Credit by Association for Applied Psychophysiology and Biofeedback	April 2011
Family Networks in the Brain One-day training with Dr. Angelo Bolea, PhD, by The Center for Family Process	January 2011
Introduction to Jungian Authentic Movement 6 hours of experiential work with Simona Aronow, MA, ADTR, NCTMB	October 2010
Beginner & Intermediate QEEG Neurofeedback & LORETA Workshop 24 Hours of CE Credit by the Biofeedback Training Institute	July 2010
Neurofeedback Mentoring (including LENS, neurofeedback & QEEG) On-going phone/in-person mentoring by Jay Gunkelman, Len Ochs, Dr. Joel Lubar, PhD, Dr. Glenn Weiner, PhD, BCIA-EEG, AND Steve Stockdale, PhD	er 2009 to Present
Neurons & Neurotransmitters for Biofeedback and Neurofeedback Professionals 1.5 Hours of CE Credit by Association for Applied Psychophysiology and Biofeedback	November 2009
Psychopharmacological Considerations: Effects of Prescribed & Non-Prescribed Drugs on EEG 2 Hours of CE Credit by Behavioral Medicine Research Foundation	October 2009
Blast Injuries: TBI, PTSD, and Pain 12 Hours of CE Credit by Association for Applied Psychophysiology and Biofeedback	November 2008
TTouch for You Two-day course by Linda Tellington-Jones	May 2008
EMDR Basic Training 20 Hours of CE Credit by The EMDR Institute Inc.	December 2007

Sex Counseling 101: An Introduction

6 Hours of CE Credit presented by Dr. Judith Seifer

Neurosocial Disorders: Developing a Comprehensive Treatment Plan

6.5 Hours of CE Credit provided by Cross Country Education

Advanced BioExplorer Workshop

One-day neurofeedback software workshop presented by Peter VanDeusen

January 2006

October 2006

**July 2007** 

September 2007

Training for Social and Behavioral Investigators and Study Coordinators

University of Virginia IRB Social & Behavioral Sciences Dept.

November 2005

The Science and Clinical Applications of Meditation

Three-day series of dialogues between scientists and the Dalai Lama

Health Information Portability and Accountability Act Training

University of Virginia IRB Social & Behavioral Sciences Dept.

September 2005

Neurofeedback in a Clinical Practice

28 Hours of CE Credit presented by EEG Spectrum International

Anatomy & Physiology for Behavioral Clinicians

45 Hours of CE Credit by Behavioral Medicine Research Foundation

Winter 2004-05

June 2004

Treating Adolescents with Oppositional Defiance & Conduct Disorder

One-day seminar by American Healthcare Institute

December 2002

**Nonviolent Crisis Intervention Training** 

One-day seminar by Crisis Prevention Institute

September 2002

# GROUPS & OTHER ACTIVITIES

## **BCIA-approved Neurofeedback Mentor**

**Since 2012** 

Approved to provide 25 hours of mentoring to BCN certification candidate. Responsibilities included review of personal neurofeedback sessions, client sessions, and case presentations, as well as to directly observe the candidate's technical expertise, proficiency in placements of electrodes, and client preparation/orientation to neurofeedback procedures.

Expert Mentor Volunteer - Commonwealth Governor's School Program

2011-present

Provide oversight to year-long final project for Commonwealth Governor's School high school students. Responsibilities included review of student proposal, to review and evaluate final product, to watch and evaluate student presentation, and to act as a resource/adviser to the student.

Compassionate Clown Volunteer - University of Virginia Children's Hospital

2012 to 2013

Internship Supervisor - The Virginia Governor's School Program

Spring 2009

Provided volunteer mentorship to high school senior Governor's School student to give her real-world experience in psychology and assisted her with a related research project.

Social Skills Group with Horses - People Places, Inc. & Ride with Pride

Summer 2008

Volunteer. 8 weeks, meeting once a week for 2 hours. Population was 8-12 year old foster children with anger management issues. Held at Ride with Pride, a therapeutic horse riding center, where the children learn skills with horses that can be applied in their lives.

**Brain Injury Support Group** - Virginia Center for Neurofeedback

2007-2008

Co-facilitator. 1 year, meeting once a month for 3 hours. Members were encouraged to share their experiences and struggles related to their brain injury, creating a community of support and acceptance. Therapeutic touch skills were taught to the members to perform on themselves and a friend/relative.

#### Red Cross Disaster Mental Health Volunteer

2007-2013

Have taken specific Red Cross training courses to aid in mental health needs after disasters. Sit on Red Cross Disaster Mental Health advisory committee for Virginia Mountain Region.

Designer and co-facilitator. 8 weeks, meeting once a week for 1.5 hours. Discussion centered on defining and practicing assertiveness skills for women.

## **PRESENTATIONS**

## "Introduction to QEEG and Neurofeedback for PTSD"

Presented at the Sexual Assault Resource Agency, Charlottesville, VA, March 2017

## "Neuromarkers in Autism Spectrum Disorder: A Brief Review & Case Study" Webinar

MidAtlantic Biofeedback Society, Special Interest Group, Offered for 1 CE Credit, February 2017

## "Neurofeedback Treatment for Traumatic Brain Injury"

Presented at the Brain Injury Association of Virginia's 13th Annual Conference, March 2014

# "Incorporating Neurofeedback and Heart Rate Variability Training into a Mental Health Counseling Practice"

Presented at the Virginia Counselors Association Convention, November 2013

#### "Neurofeedback for Reactive Attachment Disorder"

Presented at People Places, Inc, April 2012

## "Maintaining a Healthy Brain"

Presented at the Charlottesville Senior Center, September 2011

"Neurofeedback treatment for ADHD" James Madison University, Harrisonburg ADHD Advocacy Group, April 2010

## "Neurofeedback treatment for brain injury"

Presented at Woodrow Wilson Rehabilitation Center, Staunton/ Augusta Brain Injury Support Group, October 2009 and at Charlottesville Brain Injury Support Group, September 2011 and at Central Virginia Brain Injury Support Group, October 2011

#### "Introduction to neurofeedback"

Presented at Mary Baldwin College, Department of Sociology and Social Work, Child Welfare Services Class, March 2009

#### "Clinical applications of neurofeedback"

Presented at the Virginia Association for Counselor Education and Supervision Conference, February 2006

## "Don't forget about me, counselors: A plea from the brain"

Presented at the Virginia Counselors Association Convention, November 2006

## "Supervision through the eyes of beginning counselors"

With M. Paylo, R. Caldwell, W. Meehan and L. Rammson, Presented at the Virginia Counselors Association Convention, November 2006

#### PROFESSIONAL MEMBERSHIPS

Association for Applied Psychophysiology & Biofeedback		Joined 2005
Mid-Atlantic Biofeedback Society		Joined 2013
President	2018 to present	
President-Elect	2017 to 2018	
Program Committee Chair	2017 to 2018	
Communications & Membership Committee Chair	2015 to 2017	
Board Member at Large	2014 to 2015	
International Society for Neurofeedback and Research		2005 to 2015
Virginia Counselors Association		2005 to 2013
JCA Chapter Secretary	2007 to 2008	
American Counseling Association		2005 to 2008
Counselor Education Student Organization		2005 to 2007
Psi Chi		Inducted 2000
Psi Chi Chapter 813 Secretary	2001 to 2002	
Phi Kappa Phi		Inducted 2000