



**Client Contact Information**

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Name: \_\_\_\_\_ Date of Intake: \_\_\_\_\_

Date of Birth. \_\_\_\_ \ \_\_\_\_ \ \_\_\_\_ Age: \_\_\_\_ Occupation (if applicable): \_\_\_\_\_

Preferred Phone for contact: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

**Important: *needed for billing*** - Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Would you prefer paper invoices or e-invoices? Paper Invoices \_\_\_\_\_ e-Invoices \_\_\_\_\_

**Emergency Contacts (Please list at least one)**

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1) Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Cell/Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

2) Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Cell/Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Your reason for consultation right now?

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**Medical History**

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Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Please list chronic illnesses or health conditions and treatment:

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Are you taking any prescription or over-the-counter medication? Yes \_\_\_\_ No \_\_\_\_

If yes, please indicate name of medicine and when you started it:

1) Medication Name: \_\_\_\_\_ Date Started: \_\_\_\_\_

Dosage: \_\_\_\_\_ To Treat: \_\_\_\_\_

2) Medication Name: \_\_\_\_\_ Date Started: \_\_\_\_\_

Dosage: \_\_\_\_\_ To Treat: \_\_\_\_\_

3) Medication Name: \_\_\_\_\_ Date Started: \_\_\_\_\_

Dosage: \_\_\_\_\_ To Treat: \_\_\_\_\_

4) Medication Name: \_\_\_\_\_ Date Started: \_\_\_\_\_

Dosage: \_\_\_\_\_ To Treat: \_\_\_\_\_

Do you smoke tobacco and if so, what type and how frequently?

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Do you drink/use caffeine, if so what type and how frequently?

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Do you drink alcohol, if so what type and how frequently?

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Do you any other drugs and if so, what type and how frequently?

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Might there be any reason to believe you have a problem with substance use? \_\_\_\_\_

Please indicate any hospitalizations:

Reason: \_\_\_\_\_ Date: \_\_\_\_\_

Reason: \_\_\_\_\_ Date: \_\_\_\_\_

Are you currently being treated for an emotional or medical condition? Yes\_\_\_\_ No \_\_\_\_

If yes, please describe: \_\_\_\_\_

Have you ever had therapy, counseling or neurofeedback before? Yes\_\_\_\_ No \_\_\_\_ If yes:

Therapist Name	Treatment Start/End Dates	Effective?
_____	_____	_____
_____	_____	_____
_____	_____	_____

What do you do to maintain your health?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list significant illnesses in your family (For example; diabetes, cancer, head injury, heart problems, surgeries, emotional/psychiatric history, or substance abuse)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If you feel pain in your body, please describe the location(s) and sensation(s):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Additional medical information you'd like me to know at this time:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**General Family Information**

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The following information may be helpful to your therapist in gaining additional understanding of your family system.

Please list everyone living with you currently:

Name	Relationship	Age	Gender	Job/School Grade

**Family of Origin:** List all members starting with your parents (guardians) and then add siblings. If a family member is deceased, please indicate their age at death under “Age” and under “Residence” list their date of death and the cause.

Name	Age	Gender	Occupation/School	Education Level	Residence

**Partner’s Family:** Please list your partner first, and then your partner’s parents and siblings. What is your date of marriage or union (if applicable)?

Name	Age	Gender	Occupation/School	Education Level	Residence

**Your Children:**

Name	Age	Gender	Occupation/School	Education Level	Residence